



g&h

Body Care Collection  
身體護理系列

Product Training

產品培訓



WITH PLANT-BASED GOODNESS

Bamboo Complex Water

Essentials with Ceram

Nutrients with Green A

Refresh

Body Milk

400 mL



WITH PLANT-BASED GOODNESS

Bamboo Complex Water

Essentials with Ceram

Nutrients with White Cica Oil

Refresh

Body Milk

400 mL



WITH PLANT-BASED GOODNESS

Cica Complex Water

Essentials with Rosemary

Nutrients with Green Tea

Refresh

Body Milk

400 mL

g&h

# 認識g&h身體護理系列

## Meet g&h Body Care

蘊含天然、強效的植物護理成分，g&h身體護理系列由外至內貼心呵護各種膚質，將每一位家庭成員的肌膚健康放在首位。

g&h身體護理系列產品可供一家人\*使用。利用對植物特性的精確了解，嚴選優質產品成分，滋潤並照顧不同類型肌膚，帶來潔淨天然的感官享受。

g&h的承諾具有可追始溯源的細節證明為後盾，確保我們的產品成分潔淨，以及我們的配方皆安全和有效。

With nature's plant-based Goodness, g&h Body Care brings the OUTSIDE IN. Our powerful, plant-based ingredients put your healthy-looking skin first.

g&h Body Care products are designed for your family\*. We consciously choose ingredients with precise understanding of botanical properties, to nourish and care for the skin and indulge the senses with purity.

The g&h Body Care formulas are backed by traceable proof of the details that ensure our ingredients are clean and that our formulas are safe and effective.



\*g&h 身體護理系列不建議三歲或以下兒童使用

\*g&h Body Care products are not recommended for use on infants aged 3 or below

# 產品一覽

## Product Portfolio

活力清新  
REFRESH

深層滋養  
NOURISH

細緻呵護  
PROTECT



去角質沐浴露  
Exfoliating Body Wash  
1000ml



潤膚乳  
Body Milk  
400ml



潤唇膏  
Lip Balm  
4g



淨膚皂  
Complexion Bar  
250g



沐浴露  
Body Wash  
1000ml



潤膚露  
Body Lotion  
400ml



護手霜  
Hand  
Cream  
75ml



洗手液  
Hand Soap  
250ml



止汗香體走珠  
AP Deo Roll-on  
100ml



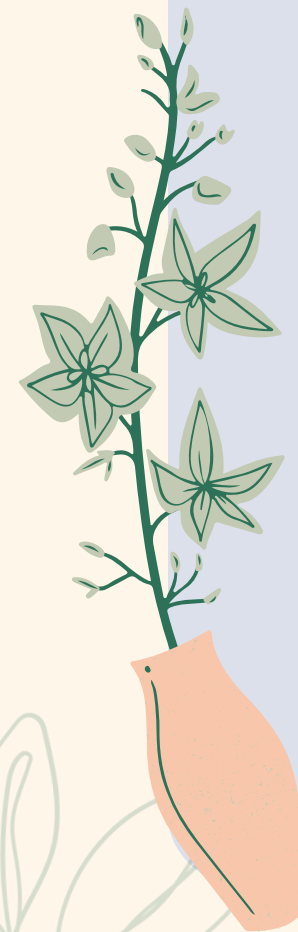
搓手液  
Hand  
Sanitizer  
400ml

g&amp;h

## Body Care Collection 身體護理系列

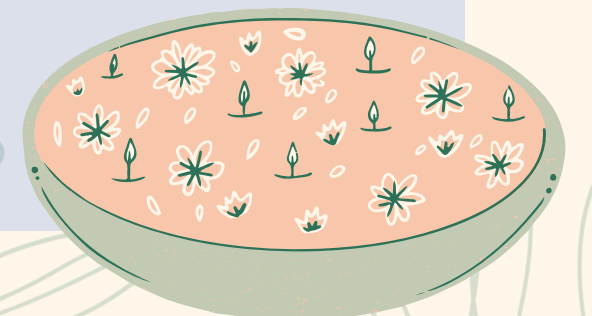
### 升級特點

### New Features



## g&h 身體護理系列首次 FOR THE FIRST TIME g&h Body Care Collection is

- ✓ 採用強效植物護理配方，蘊含天然、經實證的優質植萃成分。全系列產品均獲純素認證。  
Built with Plant-Based Goodness including naturally derived, proven-powerful ingredients. All formulas are vegan.
- ✓ 旨在透過強效植物護理成分強化肌膚三大功能：保持水分、加強保濕屏障和持久滋養。  
Designed to reinforce the three core activities of skin with Plant-Based Goodness: maintaining moisture, strengthening its protective moisture barrier, and sustaining nourishment.
- ✓ 致力於可持續發展，承諾在產品瓶身包裝中使用可回收材料，以及採用可生物降解配方等。  
Building our sustainability with a commitment to using recycled materials in bottle packaging, creating biodegradable formulas for our rinse-off products, and more.



# 強效植物護理成分有何優勢？

## The Power of Plant-Based Goodness



### 強化肌膚

- 保持水分、加強保濕屏障和持久滋養。

### PRECISE

in maintaining moisture, strengthening its protective moisture barrier, and sustaining nourishment.



### 高效實證

- 由植物指紋圖譜技術支持的植物營養素。

### PROVEN

with phytonutrients backed by phytochemical fingerprinting.



### 天然潔淨

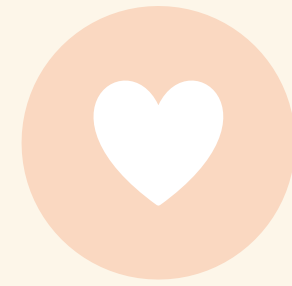
- 安全、潔淨、可追蹤的產品成分。

### PRISTINE & PURE

with safe, clean ingredients, including traceable ingredients.




這遠遠不止是身體護理，更是幫助強化身體肌膚的營養品！  
It's not only Body Care, but BODY NUTRITION!





# 強化肌膚三大功能

## Reinforcing the 3 Core Activities of Skin

天然肌膚活動 Natural Skin Activity	由植萃成分強化 Is Reinforced By	蘊含強效植物護理成分 Plant-Based Goodness 
保持水分 Maintain moisture	植萃水分  Plant-Based Water Complex	利用源自竹子複合物或積雪草複合物的水分，增強肌膚保濕度 Adds moisture to skin with Bamboo Complex Water or Cica Complex Water
加強保濕屏障 Strengthen the protective moisture barrier	植萃精華  Plant-Based Essentials	利用神經醯胺等成分，強化及補充肌膚自身的保護能力 Strengthens and supplements skin's protection with ingredients like Ceramide
持久滋養 Sustain nourishment	植萃營養  Plant-Based Nutrients	利用紐崔萊白奇亞籽油和其他植物成分，幫助傳送養分至肌膚 Delivers nutrients to skin with ingredients like Nutralite White Chia Oil and other plant-based ingredients

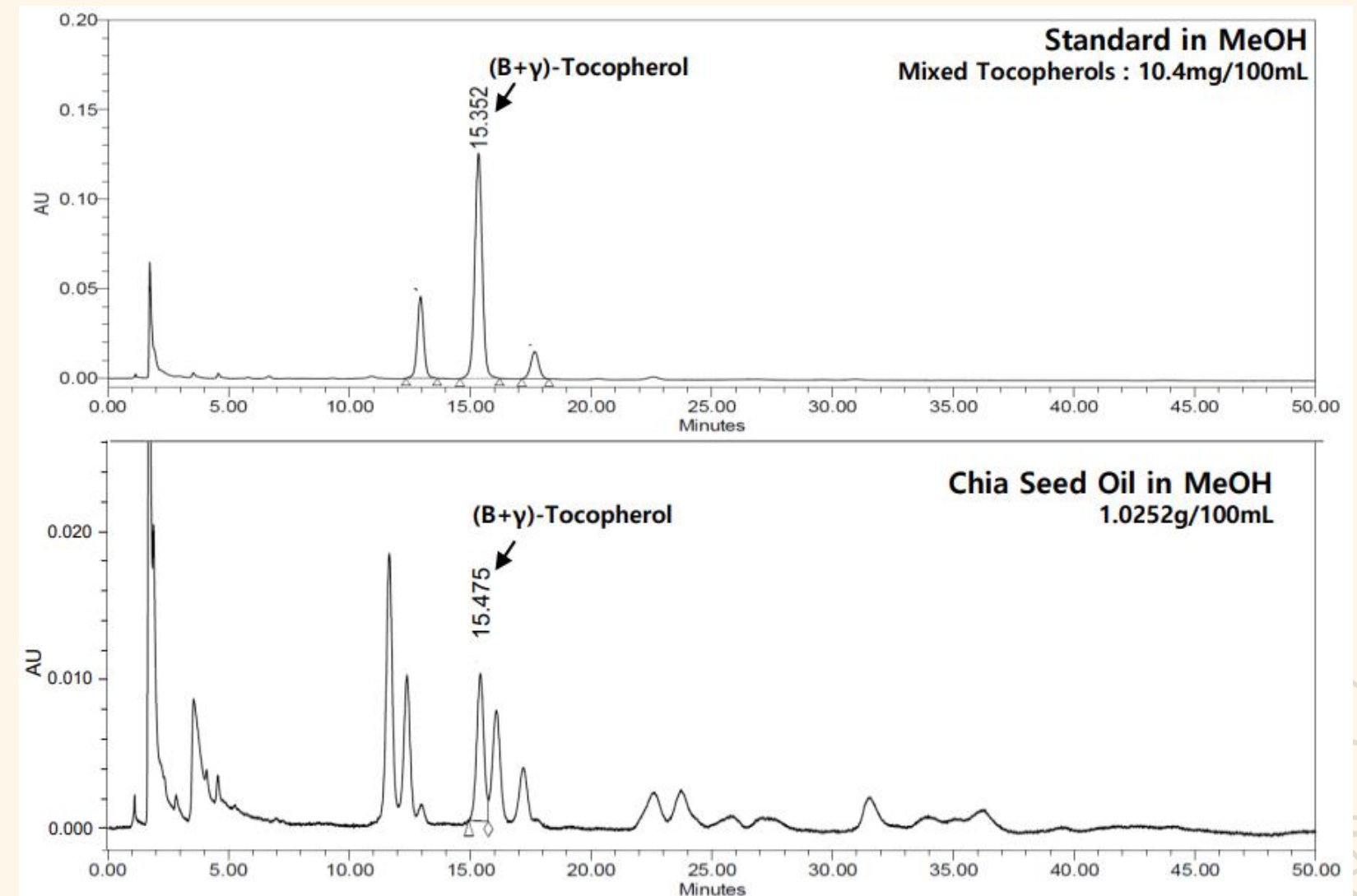


# 植物指紋圖譜技術

## Phytochemical Fingerprinting

一旦確定某些成分後，我們會運用植物指紋圖譜技術，證明產品植物成分之中含有植物營養素，以提供全面的護理功效。

Once we identified certain ingredients, we used a technique called phytochemical fingerprinting to demonstrate and prove the presence of phytonutrients in our plant-based ingredients, delivering a well-rounded, complex array of nature's goodness.





# 產品安全、潔淨

## Safe & Clean Formulas

g&h



g&h品牌致力研發潔淨配方，為您的柔嫩肌膚精心挑選護理成分。我們確保配方不含個人護理產品禁用清單上的多種成分，包括對羥基苯甲酸酯和鄰苯二甲酸酯。產品擁有純素認證，不經動物測試。

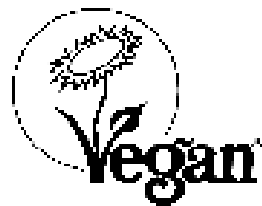
硫酸鹽類界面活性劑是最常見的清潔成分，但這些化學清潔劑會削弱皮膚的保濕屏障。相反，g&h專家使用植物表面活性劑，既符合我們的潔淨標準，又能達致天然護膚功效。

g&h brand is committed to crafting clean formulas that use only ingredients you'd be happy to have on your skin. We avoid numerous ingredients on our Personal Care Clean list, including having no parabens and no phthalates in our formulas. Our formulas are registered with The Vegan Society—and are not tested on animals.

Sulfate surfactants are the most common cleansing ingredients, but these chemical cleansers can strip away skin's moisture barrier. Instead, the g&h experts worked with plant-derived surfactants that meet our clean list guidelines and are naturally nice to skin.

## 個人護理產品潔淨標準 Personal Care Clean

- 配方無添加：
  - 硫酸鹽類界面活性劑
  - 人造色素
  - 礦物油
  - 鄰苯二甲酸酯
  - 對羥基苯甲酸酯
- Formulated with NO:
  - Sulfate Surfactants
  - Artificial Colorants
  - Mineral Oil
  - Phthalates
  - Parabens
- 擁有純素認證  
Registered with The Vegan Society
- 不含動物衍生成分  
Free from animal-derived ingredients
- 不經動物測試  
No animal testing



## 支持可持續發展 Sustainability Efforts

- 可生物降解配方：淨膚皂、沐浴露、洗手液  
Biodegradable formulas: Complexion Bar, Body Washes, Hand Soap
- 瓶身由可回收材料製成：沐浴露、潤膚露、潤膚乳、洗手液、搓手液  
Bottle made with recycled materials: Body Washes, Body Lotion, Body Milk, Hand Soap, Hand Sanitizer
- 紙盒包裝可回收：淨膚皂  
Recyclable paper carton: Complexion Bar



## 一站式追蹤 Traceability

一站式追蹤是指了解產品的來源及其製造方式，是確保產品品質的最佳證明。

Traceability is knowing where products come from and how they are made.  
It is the best assurance you can get of products you can feel good about using.

- ✓ 產品安全性和有效性的證明  
Proof of product safety and effectiveness
- ✓ 透明化資訊 – 產品製作過程  
Transparent details of the product' s creation



能夠公開其產品的一站式追蹤資訊的身體護理及嬰兒護理品牌為數不多，  
g&h便是其中之一，讓顧客更安心使用我們的產品。

g&h is one of the few body and baby care brands able to share its products' traceable details so that customers can have greater peace of mind.



## 一站式追蹤 Traceability

- g&h品牌記錄其實驗成果和成分研究，驗證製造品質，並從**成分到成品**進行多項測試。

The g&h brand documents its science and ingredients, verifies quality manufacturing and performs tests **from ingredients through finished products**.

- 紐崔萊農場和合作農場種植的植物原料，為g&h產品帶來前所未有的「**從種子到肌膚**」一站式追蹤，包括：
  - 紐崔萊白奇亞籽油
  - 紐崔萊綠色針葉櫻桃
  - 紐崔萊認可綠茶萃取物

Nutriline-grown and NutriCert-sourced botanicals used in g&h products allow unprecedented **“seed-to-skin”** traceability, including:

- Nutrilite White Chia Oil
- Nutrilite-grown Green Acerola Cherries
- Nutrilite-approved Green Tea Extract

源自墨西哥  
Comes from Mexico



紐崔萊白奇亞籽油  
Nutriline White Chia Oil

源自中國東部  
Comes from Eastern China



紐崔萊認可綠茶萃取物  
Nutriline-approved Green Tea Extract

源自巴西  
Comes from Brazil



紐崔萊綠色針葉櫻桃  
Nutriline-grown Green Acerola Cherries



# 深層滋養 NOURISH

# 深層滋養系列

## NOURISH COLLECTION

富含植物成分，有助滋養、舒緩和維持健康的肌膚。

These products help nourish, comfort, and maintain healthy-looking skin with a rich blend of plant-based ingredients.

### 香氣 FRAGRANCE

深層滋養配方散發著溫暖甜美的桃香和柔和的洋甘菊花香，帶來健康滋潤的感覺。

With warm and sweet peach notes and a soft floral chamomile touch, the Nourish formulas deliver a healthy and nourishing feeling.

注意：深層滋養淨膚皂的香氣與舊版配方一樣，因此其香氣與同系列其他配方略有不同。

Note: Nourish Complexion Bar has the same fragrance as the previous formula. Therefore, its fragrance is slightly different from the other Nourish formulas.



## 強效植物護理成分 Plant-Based Goodness Ingredients



植萃水分  
PLANT-BASED WATER

源自竹子複合物的水分  
Bamboo Complex Water

由竹子和植物甘油製成，有助滋潤肌膚。

Made from bamboo and plant-derived glycerin, it helps moisturize skin.

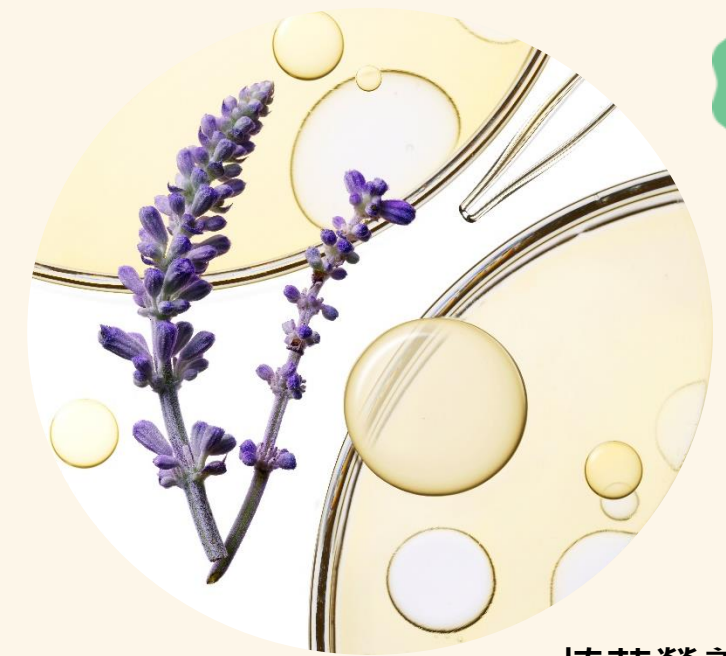


植萃精華  
PLANT-BASED ESSENTIALS

源自橄欖油的神經醯胺  
Olive Oil-Derived Ceramide

這種特殊的脂質有助維持皮膚的保濕屏障功能。脂質是皮膚的重要組成部分。

This special type of lipid helps maintain the skin's moisture barrier. Lipids are a key component of skin.



植萃營養  
PLANT-BASED NUTRIENTS

紐崔萊白奇亞籽油  
Nutralite White Chia Oil

富含植物營養素和抗氧化成分，有助顯著滋養和保護肌膚，維持健康美。

With phytonutrients and antioxidants to help visibly nourish and protect skin's healthy beauty.



# 強效植物護理成分 Plant-Based Goodness Ingredients

全新深層滋養系列  
採用純素配方，不含橙花蜜  
The Nourish Collection is now vegan and  
contains **NO** Orange Blossom Honey



源自竹子複合物的水分  
Bamboo Complex Water



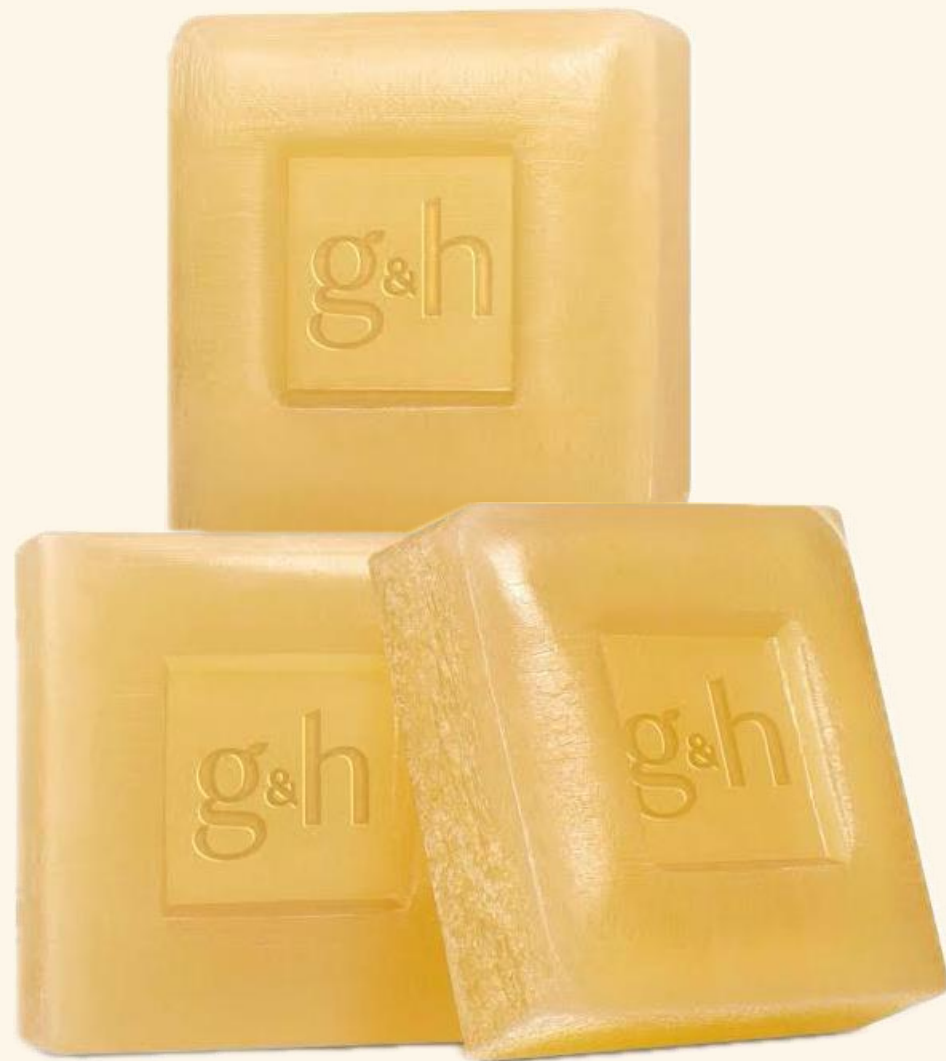
源自橄欖油的神經醯胺  
Olive Oil-Derived Ceramide



紐崔萊白奇亞籽油  
Nutralite White Chia Oil

				
潤唇膏 Lip Balm	淨膚皂 Complexion Bar	沐浴露 Body Wash	潤膚露 Body Lotion	護手霜 Hand Cream
✓	✓	✓	✓	✓
✓	✓	✓	✓	✓

## 深層滋養淨膚皂 Nourish Complexion Bar



獨特可分拆設計，一條淨膚皂可拆為三塊。含有橄欖油萃取保濕成分和白奇亞籽油，可溫和清潔面部及身體肌膚，同時改善膚色。

Unique break-apart design bar soap with Olive Oil-Derived Ceramide and White Chia Oil gently cleanses while improving skin's complexion.

- 保持肌膚滋潤，洗後倍感柔滑細緻  
Leaves your skin moisturized after washing—soft, smooth and conditioned
- 溫和潔淨，不會造成乾燥  
Gently cleanses without drying the skin
- 泡沫綿密豐富，易於沖洗  
Creates a rich, creamy lather that rinses off easily
- 維持皮膚保濕屏障健康，鎖緊水分  
Maintains a healthy moisture barrier for the skin and keeps moisture locked in
- 蘊含植物甘油，有助滋潤肌膚  
Contains plant-based glycerin to help moisturize skin
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

### 使用方法 How to Use

沾濕香皂，在手中揉搓起泡，塗上肌膚作清潔，然後沖洗乾淨。避免接觸眼睛。  
Wet the bar, then massage in hands to create lather and smooth over skin. Rinse well. Avoid contact with eyes.

產品編號 SKU No. : 5913  
直銷價目 DP : HK\$100 / MOP103  
容量 Volume : 250 g  
產地：美國  
Made in USA

## 深層滋養沐浴露 Nourish Body Wash



柔滑細緻的沐浴露，蘊含源自竹子複合物的水分、橄欖油萃取保濕成分及白奇亞籽油，溫和潔淨，令肌膚水嫩潤澤。

Creamy body wash with Bamboo Complex Water, Olive Oil-Derived Ceramide and White Chia Oil gently cleanses and nourishes, leaving your skin feeling smooth and conditioned.

- 保持肌膚滋潤，洗後倍感柔滑細緻  
Leaves your skin moisturized after washing—soft, smooth and conditioned
- 柔滑配方與豐盈細緻的泡沫可滋養肌膚  
Nourishes skin with its creamy formula and rich lather
- 維持皮膚保濕屏障健康，鎖緊水分  
Maintains a healthy moisture barrier for the skin and keeps moisture locked in
- 蘊含乳木果油，使肌膚感覺水潤光滑  
Formulated with Shea Butter to help leave skin feeling smooth and moist
- 美國專利溫和複合物有助舒緩肌膚  
Includes our U.S.-patented Mildness Complex to help soothe skin
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

### 使用方法 How to Use

取適量沐浴露於手心，揉搓至起泡，塗抹在皮膚上，然後沖洗乾淨。避免接觸眼睛。

Dispense a desired amount into your palm. Massage into a lather, then smooth over skin. Rinse well. Avoid contact with eyes.

產品編號 SKU No. : 5914  
直銷價目 DP : HK\$228 / MOP235.5  
容量 Volume : 1000 ml  
產地：美國  
Made in USA

## 深層滋養潤膚露 Nourish Body Lotion



舒爽滋潤的潤膚露，蘊含源自竹子複合物的水分、橄欖油萃取保濕成分及白奇亞籽油，深入滋潤肌膚底層，修復和保護肌膚保濕屏障功能。

Smooth body lotion with Bamboo Complex Water, Olive Oil-Derived Ceramide and White Chia Oil deeply nourishes and provides skin moisture barrier repair and protection.

- 舒緩乾燥，打造柔軟、光滑的健康肌膚  
Relieves dryness for soft, smooth, healthier-looking skin
- 質地不黏笠，快速吸收  
Non-greasy, fast-absorbing
- 瞬間提升保濕度173%\*，鎖住水分長達48小時  
Delivers a 173%\* moisture boost instantly and locks in moisturization for up to 48 hours
- 維持肌膚保濕屏障功能，並建立防護保濕層  
Maintains a moisture barrier for the skin and provides a protective moisture layer
- 蘊含乳木果油，使肌膚感覺水潤光滑  
Formulated with Shea Butter to help leave skin feeling smooth and moist
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

\*臨床測試結果 Clinical study results

### 使用方法 How to Use

取適量潤膚露，輕輕按摩肌膚。適合每日使用。避免接觸眼睛。  
Dispense a desired amount and gently massage onto your skin. Suitable for daily use as needed. Avoid contact with eyes.

產品編號 SKU No. : 5891

直銷價目 DP : HK\$136 / MOP140.5

容量 Volume : 400 ml

產地：美國

Made in USA

## 深層滋養護手霜 Nourish Hand Cream



極緻滋潤的護手霜，蘊含源自竹子複合物的水分、橄欖油萃取保濕成分、白奇亞籽油及高濃度乳木果油，能瞬間滋潤和舒緩乾燥粗糙的雙手。

Intensive hand cream with Bamboo Complex Water, Olive Oil-Derived Ceramide, White Chia Oil and a high concentration of Shea Butter instantly nourishes and relieves dry, rough hands.

- 舒緩乾燥不適，打造柔軟、光滑的健康肌膚  
Relieves discomfort from dryness for soft, smooth, healthier-looking skin
- 質地不黏笠，快速吸收  
Non-greasy, fast-absorbing
- 瞬間提升保濕度127%\*，鎖住水分長達48小時  
Delivers a 127%\* moisture boost instantly and locks in moisturization for up to 48 hours
- 維持手部肌膚保濕屏障功能，並建立防護保濕層  
Maintains a moisture barrier for hands and provides a protective moisture layer
- 蘊含16%乳木果油，使手部肌膚感覺水潤光滑  
Formulated with 16% Shea Butter to help hands feel smooth and moist
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

\*臨床測試結果 Clinical study results

### 使用方法 How to Use

按需要塗抹於手部肌膚及其他乾燥位置，例如角質層，然後輕輕按摩。  
Apply as needed to hands and other dry patches. Massage into hands and cuticles.

產品編號 SKU No. : 5902

直銷價目 DP : HK\$120 / MOP124

容量 Volume : 75 ml

產地：韓國

Made in Korea

## 深層滋養潤唇膏 Nourish Lip Balm

質地順滑、無香味的潤唇膏，蘊含橄欖油萃取保濕成分及白奇亞籽油，可滋潤乾燥的雙唇，建立防護保濕層。

Soft gliding, fragrance-free lip balm with Olive Oil-Derived Ceramide and White Chia Oil nourishes dry lips, providing a protective moisture layer on lips.



- 可即時為乾燥的雙唇提供深層滋潤  
Instantly comforts and deeply moisturizes dry lips
- 令雙唇看起來健康、柔軟  
Helps the lips look healthy and soft
- 質地不黏笠  
Non-greasy texture
- 無香味  
Unflavored

- 維持保濕屏障功能，並為雙唇建立防護保濕層  
Maintains a moisture barrier and provides a protective moisture layer on lips
- 不含合成或人工香料  
Free of synthetic or artificial fragrance
- 不含蜂蠟或其他動物衍生成分  
Contains no beeswax or other animal-derived ingredients
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

### 使用方法 How to Use

按需要塗於嘴唇。  
Apply to lips as needed.

產品編號 SKU No. : 5900  
直銷價目 DP : HK\$76 / MOP78.5  
容量 Volume : 4 g  
產地：韓國  
Made in Korea



活力清新  
REFRESH

WITH PLANT-BASED GOODNESS  
Bamboo Complexion Water  
Essentials with Ceramide  
Nutrients with Green Algae  
Refresh Body Milk  
400 ml  
g&h

WITH PLANT-BASED GOODNESS  
Bamboo Complexion Water  
Essentials with Ceramide  
Nutrients with Green Algae  
Refresh Exfoliating Body Wash  
400 ml  
g&h

WITH PLANT-BASED GOODNESS  
Bamboo Complexion Water  
Essentials with Ceramide  
Nutrients with Green Algae  
Refresh Complexion Water  
400 ml  
g&h

# 活力清新系列

## REFRESH COLLECTION

富含植物成分，為肌膚帶來清爽、滋潤的感覺。

These products help refresh and hydrate the skin with a rich blend of plant-based ingredients.

### 香氣 FRAGRANCE

活力清新配方具有柑橘芳香、鮮橙香氣及天竺葵花香，帶來清爽健康的感覺。

With a citrus aromatic scent, fresh orange notes, and geranium notes, the Refresh formulas deliver a refreshing and healthier feeling.



# 強效植物護理成分

## Plant-Based Goodness Ingredients



植萃水分  
PLANT-BASED WATER

源自竹子複合物的水分  
Bamboo Complex Water

由竹子和植物甘油製成，有助滋潤肌膚。

Made from bamboo and plant-derived glycerin, it helps moisturize skin.



植萃精華  
PLANT-BASED ESSENTIALS

源自橄欖油的神經醯胺  
Olive Oil-Derived Ceramide

這種特殊的脂質有助維持皮膚的保濕屏障功能。脂質是皮膚的重要組成部分。

This special type of lipid helps maintain the skin's moisture barrier. Lipids are a key component of skin.



植萃營養  
PLANT-BASED NUTRIENTS

紐崔萊綠色針葉櫻桃  
Nutralite-grown Green Acerola Cherries

蘊含豐富維他命C的水果萃取物，有助提供抗氧化保護。

A fruit extract that is rich in Vitamin C, which helps provide antioxidant protection.



# 強效植物護理成分

## Plant-Based Goodness Ingredients



源自竹子複合物的水分  
Bamboo Complex Water



源自橄欖油的神經醯胺  
Olive Oil-Derived Ceramide



紐崔萊綠色針葉櫻桃  
Nutralite-grown Green Acerola Cherries



去角質沐浴露  
Exfoliating Body Wash



潤膚乳  
Body Milk



# 活力清新 去角質沐浴露

## Refresh Exfoliating Body Wash



日常去角質沐浴露，蘊含源自竹子複合物的水分、橄欖油萃取保濕成分、綠色針葉櫻桃及天然去角質成分，可溫和去除雜質和死皮細胞。

Daily exfoliating body wash with Bamboo Complex Water, Olive Oil-Derived Ceramide, Green Acerola Cherries and natural exfoliants gently removes impurities and dead skin cells.

- 極緻溫和，適合成人每日使用  
Gentle enough for daily use by adults
- 即時去除老化角質，使肌膚更潔淨明亮  
Instantly removes dead skin cells, which helps promote clearer, brighter looking skin
- 維持皮膚保濕屏障健康，保持水分平衡  
Maintains a healthy moisture barrier for the skin and keeps moisture in balance
- 蘊含荷荷巴珠磨砂粒子，以及源自碎核桃殼、杏桃籽和杏仁的天然去角質成分  
Contains jojoba beads and natural exfoliants from crushed walnut shells, apricot seeds and almonds
- 美國專利溫和複合物有助舒緩肌膚  
Includes our U.S.-patented Mildness Complex to help soothe skin
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

### 使用方法 How to Use

取適量沐浴露於手心，揉搓至起泡，塗抹在皮膚上，然後沖洗乾淨。避免接觸眼睛。

Dispense a desired amount into your palm. Massage into a lather, then smooth over skin. Rinse well. Avoid contact with eyes.

產品編號 SKU No. : 5915

直銷價目 DP : HK\$228 / MOP235.5

容量 Volume : 1000 ml

產地：美國

Made in USA

# 活力清新 去角質沐浴露 Refresh Exfoliating Body Wash



產品編號 SKU No. : 5915  
直銷價目 DP : HK\$228 / MOP235.5  
容量 Volume : 1000 ml  
產地：美國  
Made in USA

以下為使用活力清新去角質沐浴露前後之對比，展示了其在去除死皮細胞方面的成效，讓肌膚變得清透亮澤。

The before-and-after pictures demonstrate the effectiveness of Refresh Exfoliating Body Wash in removing dead skin cells, resulting in a clearer and brighter complexion.

個案一  
Case 1

使用前  
Before



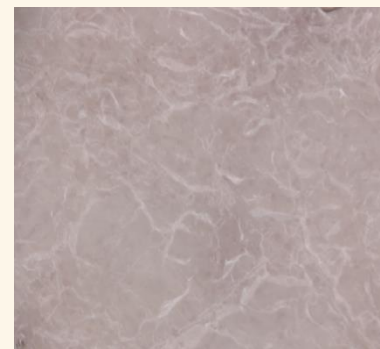
使用後  
After



透亮感提升！  
Clearer and Brighter!

個案二  
Case 2

使用前  
Before



使用後  
After



透亮感提升！  
Clearer and Brighter!

## 活力清新潤膚乳 Refresh Body Milk

質感輕盈的潤膚乳，蘊含源自竹子複合物的水分、橄欖油萃取保濕成分及綠色針葉櫻桃，為肌膚補充大量水分，修復和保護肌膚保濕屏障功能。

Lightweight body milk with Bamboo Complex Water, Olive Oil-Derived Ceramide and Green Acerola Cherries delivers a burst of hydration and helps provide skin moisture barrier repair and protection.



- 讓肌膚瞬間保濕，感覺清爽活力  
Leaves skin feeling refreshed and energized, with an instant burst of hydration
- 質地不黏笠，快速吸收  
Non-greasy, fast-absorbing
- 瞬間提升保濕度146%\*，鎖住水分  
長達48小時  
Delivers a 146%\* moisture boost instantly and locks in moisturization for up to 48 hours
- 輕盈的乳狀質地容易推開  
The lightweight, milky texture spreads easily over skin
- 維持肌膚保濕屏障功能，並建立防護保濕層  
Maintains a moisture barrier for the skin and provides a protective moisture layer
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

\*臨床測試結果 Clinical study results

### 使用方法 How to Use

取適量潤膚乳，輕輕按摩肌膚。適合每日使用。避免接觸眼睛。  
Dispense a desired amount and gently massage onto your skin.  
Suitable for daily use as needed. Avoid contact with eyes.

產品編號 SKU No. : 5893

直銷價目 DP : HK\$136 / MOP140.5

容量 Volume : 400 ml

產地：美國

Made in USA

細緻呵護  
PROTECT



# 細緻呵護系列

## PROTECT COLLECTION

富含植物成分，配合針對性的技術，有效防止異味、雜質和汗水。

These products feature a blend of plant-based ingredients, plus targeted technologies to help protect against odor, impurities, and wetness.



### 香氣 FRAGRANCE

細緻呵護配方帶有綠色草本香味，伴隨尤加利和草本白茶香調，賦予一種有如置身森林的清新怡人氣息。

With a Green Herbal scent, green eucalyptus notes, and an herbal white tea note that captures the pleasant freshness of a forest.



# 強效植物護理成分

## Plant-Based Goodness Ingredients

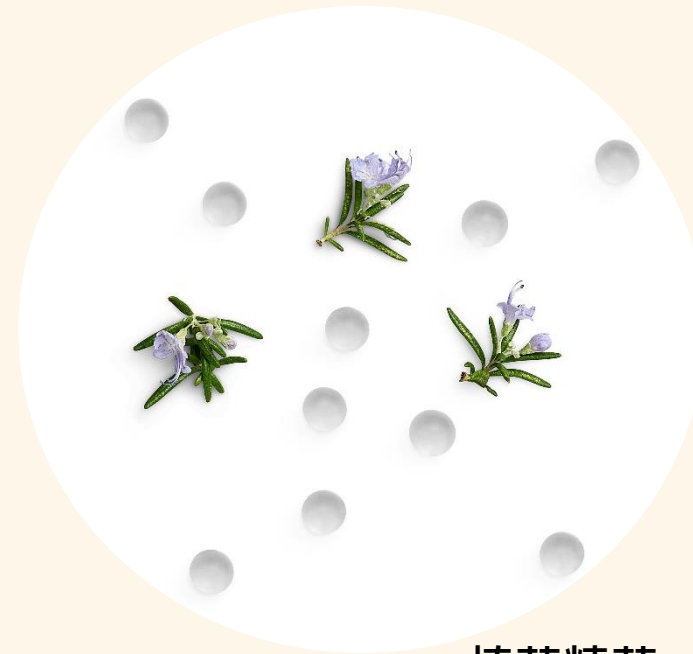


植萃水分  
PLANT-BASED WATER

源自積雪草複合物的水分  
Cica Complex Water

由積雪草和植物甘油製成，有助舒緩肌膚。

Made from Cica (Centella asiatica) and plant-derived glycerin, it helps soothe skin.



植萃精華  
PLANT-BASED ESSENTIALS

益生元  
Prebiotics

源自植物成分的益生元混合物，提供能量以培育更佳的皮膚微生物群。

Derived from plants, our blend of prebiotic ingredients provides an energy source to help nurture a more optimized skin microbiome.



植萃精華  
PLANT-BASED ESSENTIALS

迷迭香  
Rosemary

一種風味獨特的草本植物，具有舒緩肌膚的功能。

This flavorful herb has a hidden talent to help soothe the skin.



植萃營養  
PLANT-BASED NUTRIENTS

紐崔萊認可綠茶萃取物  
Nutralite-approved Green Tea Extract

一種強大的植物成分，可提供抗氧化保護。

A powerful botanical that provides antioxidant protection.



# 強效植物護理成分

## Plant-Based Goodness Ingredients



源自積雪草複合物的水分  
Cica Complex Water



益生元  
Prebiotics



迷迭香  
Rosemary



紐崔萊認可綠茶萃取物  
Nutrilite-approved Green Tea Extract



洗手液  
Hand Soap



止汗香體走珠  
AP Deo Roll-on



搓手液  
Hand Sanitizer



## 細緻呵護洗手液 Protect Hand Soap

抗菌修護，蘊含源自積雪草複合物的水分、迷迭香及綠茶萃取物，有效去除細菌，雙手感覺更乾淨清爽。

Anti-bacterial, non-drying hand soap with Cica Complex Water, Rosemary and Green Tea Extract. Washes away bacteria. Hands feel clean and refreshed.



- 氣味中和技術配合獨特芳香，有助消除異味，令雙手肌膚散發清新香氣  
Exclusive fragrance with Odor-Neutralizing Technology helps fight odors by neutralizing them. Skin smells fresh
- 不乾燥配方，有助維持肌膚保濕屏障健康，保持水分平衡  
Non-drying formula helps to maintain a moisture barrier for the skin and keep moisture in balance
- 不含三氯生，可產生豐盈泡沫，有效去除細菌、污垢、油脂和雜質  
Triclosan-free liquid soap creates a rich lather that effectively washes away bacteria, dirt, oil and impurities
- 濃縮配方，一樽250毫升洗手液可使用450次。少量即可潔淨雙手  
Concentrated to deliver up to 450 washes in just one 250 ml bottle. A small amount goes a long way
- 美國專利溫和複合物有助舒緩肌膚  
Includes our U.S.-patented Mildness Complex to help soothe skin
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

### 使用方法 How to Use

取少量洗手液於濕透的掌心，搓勻成泡，清潔雙手，然後用清水徹底洗淨。  
Pump a small amount onto wet hands, massage to create lather, rinse off.

產品編號 SKU No. : 5894

直銷價目 DP : HK\$95 / MOP98

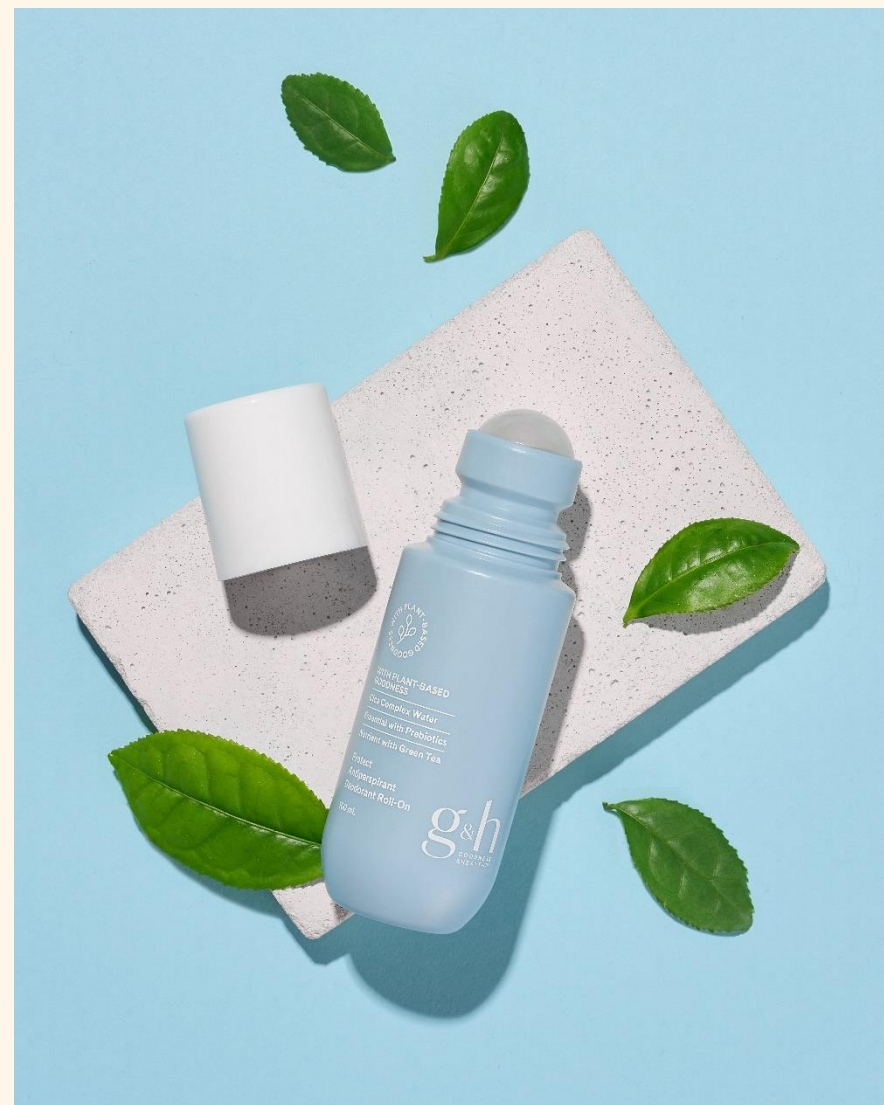
容量 Volume : 250 ml

產地：美國

Made in USA

# 細緻呵護 止汗香體走珠

## Protect Antiperspirant Deodorant Roll-On



迅速乾透的止汗香體走珠，蘊含源自積雪草複合物的水分、迷迭香及綠茶萃  
取物，有效辟除體味及防汗，不留白印。

Fast-drying antiperspirant roll-on with Cica Complex Water, Rosemary and Green Tea  
Extract that provides underarm odor and wetness protection without leaving white marks.

- 腋下全日保持清新乾爽，香味持久  
Keeps you fresh and dry. Long-lasting  
fragrance
- 維持肌膚保濕屏障健康，保持水分平衡  
Maintains a moisture barrier for the skin and  
keeps moisture in balance
- 消費者同意有效提供防臭保護，減少汗  
水分泌長達48小時\*  
Consumer agreed it is effective in odor  
protection, providing up to 48 hours\* of  
sweat reduction
- 無酒精配方，蘊含生薑、植萃紅沒  
藥醇等成分，有助減低刺激  
Alcohol-free, formulated with Ginger,  
plant-derived Bisabolol and more to  
help reduce irritation
- 適合男性或女性青少年及成人使用  
Designed for use by male and female  
adolescents and adults
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

\*消費者測試結果 Consumer study results

### 使用方法 How to Use

使用前請先搖勻。清潔腋下，擦乾後塗抹於腋下位置，待乾即可。

警告：切勿用於傷口。如出現紅疹或刺激，請停止使用。腎臟病患者使用前請徵詢醫生意見。請將本產品放置於兒童不能接觸的地方。

Shake before use. Apply to clean, dry underarms only. Allow to dry.

Warnings: Do not use on broken skin. Stop using if rash or irritation occurs. Consult your doctor before use if you have kidney disease. Keep out of reach of children.

產品編號 SKU No. : 5896

直銷價目 DP : HK\$80 / MOP82.5

容量 Volume : 100 ml

產地：中國

Made in China

## 細緻呵護搓手液 Protect Hand Sanitizer

抗菌搓手液，蘊含源自積雪草複合物的水分、迷迭香及綠茶萃取物，於30秒內有效殺滅99.9%常見細菌，保持雙手乾淨清爽。

Anti-bacterial hand sanitizer with Cica Complex Water, Rosemary and Green Tea Extract kills 99.9% of most common germs in 30 seconds, leaving hands feeling clean and fresh.



- 質地不黏笠、迅速乾透，可在30秒內殺滅99.9%常見病毒及細菌  
Non-sticky, fast-vanishing gel kills 99.9% of most common germs and bacteria in 30 seconds
- 蘊含源自積雪草複合物的水分及植物甘油等成分，滋潤和舒緩雙手肌膚  
With Cica Complex Water, plant-based glycerin and more, the formula helps moisturize and soothe hands
- 氣味中和技術配合獨特芳香，有助消除異味，令雙手肌膚散發清新香氣  
Exclusive fragrance with Odor-Neutralizing Technology helps fight odors by neutralizing them. Skin smells fresh
- 綠茶提供抗氧化保護，而迷迭香則有助舒緩肌膚  
Green Tea helps provide antioxidant protection, while Rosemary helps to soothe skin
- 維持肌膚保濕屏障健康，保持水分平衡  
Maintains a moisture barrier for the skin and keeps moisture in balance
- 通過皮膚科醫生測試及過敏測試  
Dermatologist-tested. Allergy-tested

### 使用方法 How to Use

塗勻手部各處約30秒至乾透。

Rub thoroughly into hands for at least 30 seconds. Allow to dry.

產品編號 SKU No. : 5895

直銷價目 DP : HK\$105 / MOP108.5

容量 Volume : 400 ml

產地：韓國

Made in Korea

# 產品價目 Price List

g&h

編號 Code	產品名稱 Product Name	容量 Volume	原產地 Country of Origin	直銷價目 HKD	直銷價目 MOP
5913	g&h 深層滋養淨膚皂 g&h Nourish Complexion Bar	250g	美國 USA	100	103
5914	g&h 深層滋養沐浴露 g&h Nourish Body Wash	1000ml	美國 USA	228	235.5
5891	g&h 深層滋養潤膚露 g&h Nourish Body Lotion	400ml	美國 USA	136	140.5
5902	g&h 深層滋養護手霜 g&h Nourish Hand Cream	75ml	韓國 Korea	120	124
5900	g&h 深層滋養潤唇膏 g&h Nourish Lip Balm	4g	韓國 Korea	76	78.5
5915	g&h 活力清新去角質沐浴露 g&h Refresh Exfoliating Body Wash	1000ml	美國 USA	228	235.5
5893	g&h 活力清新潤膚乳 g&h Refresh Body Milk	400ml	美國 USA	136	140.5
5894	g&h 細緻呵護洗手液 g&h Protect Hand Soap	250ml	美國 USA	95	98
5896	g&h 細緻呵護止汗香體走珠 g&h Protect Antiperspirant Deodorant Roll-On	100ml	中國 China	80	82.5
5895	g&h 細緻呵護搓手液 g&h Protect Hand Sanitizer	400ml	韓國 Korea	105	108.5



## 深層滋養淨膚皂與舊版配方有何不同？

What are the differences between Nourish Complexion Bar and the previous edition?

新配方：

- 為純素配方，不含蜂蜜和著色劑成分。新產品的外觀亦有所不同，呈現半透明淺金色。
- 蘊含強效植物護理成分，包括源自橄欖油的神經醯胺和白奇亞籽油。

Here's what has been updated:

- The formula is now vegan, with no honey and no colorant ingredients. We've updated the look of the Nourish Complexion Bar with a light golden translucency.
- The formula now has Olive Oil-Derived Ceramide and White Chia Oil to deliver on its promise of Plant-Based Goodness.

## 活力清新去角質沐浴露適合每日使用嗎？

Is it recommended to use Refresh Exfoliating Body Wash every day?

是。溫和的配方適合成人每日使用，但不適合兒童使用。

Yes. The formula is gentle enough for daily use by adults. Not for use by children.

## 細緻呵護搓手液含有甲醇嗎？ Does Protect Hand Sanitizer contain methanol?

**配方經過嚴格測試，確保其甲醇含量符合美國藥典（USP）指引的安全水平。**

The formula has been tested to ensure any methanol is present at a safe level as outlined by USP guidelines.

## g&h產品是否100%天然？

Are g&h products 100% natural?

不是。我們的配方以強效植物護理成分為核心，僅採用安全有效的成分精心調製，其中包括一些科學成分。

No. Our formulas are created with Plant-Based Goodness at their core and are carefully made with only safe and effective ingredients—some of which come from science.

## g&h產品是否不含硫酸鹽？

Are g&h products sulfate-free?

是。特別是我們的液狀身體清潔產品，均不含硫酸鹽類界面活性劑。雖然市面上很多類似的產品都含有這些化學物質，但g&h身體清潔產品的配方在不使用硫酸鹽類界面活性劑的情況下，仍然保持卓越的潔淨效果。

Yes. In particular, our liquid cleansers contain sulfate-free surfactants. While many similar products on the market contain these chemicals, g&h cleansers were formulated to eliminate sulfate surfactants while maintaining efficacy.

## g&h產品的pH值是否平衡？

Are g&h products pH-balanced?

是。所有g&h產品的配方（深層滋養淨膚皂除外）均為弱酸性，與皮膚本身一樣。為了保持功效，深層滋養淨膚皂的pH值略高，接近9至10（最高為14）。

Yes. All g&h formulas (except Nourish Complexion Bar) have been formulated to be slightly acidic, just like skin. To maintain efficacy, our Nourish Complexion Bar has a slightly higher pH, closer to 9 or 10 (the scale tops out at 14).

## g&h 身體護理系列是否有最低建議使用年齡？

Is there a minimum recommended age to use g&h Body Care products?

除活力清新去角質沐浴露及細緻呵護止汗香體走珠不適合兒童使用外，其他g&h 身體護理系列產品均適合成人及3歲以上兒童使用。

All g&h Body Care products have been formulated for all adults and children ages 3+, except the Refresh Exfoliating Body Wash and Protect Antiperspirant Deodorant Roll-On which are not to be used by children.

## 懷孕期間可以使用g&h產品嗎？

Can g&h products be used during pregnancy?

**g&h產品中的成分已被證實適合所有女性安全使用。g&h產品一般在懷孕期間使用是安全的。然而，由於懷孕期間皮膚狀況和敏感度會發生變化，我們建議您在使用前諮詢醫生意見。**

Ingredients in g&h products have been shown to be safe for use by all women. g&h products are generally considered safe for use in pregnancy. However, since skin condition and sensitivity change during pregnancy, we recommend consulting your physician before use.

## g&h 身體護理系列是否推薦用於特定皮膚類型？

Are g&h products recommended for a specific skin type?

不是。g&h 身體護理系列適合所有皮膚類型使用。當然，有特殊需求（如皮膚炎）的人士應諮詢皮膚科醫生的具體建議。

No. The g&h products are designed for all skin types. Of course, individuals with special needs (like dermatitis) should seek specific advice from their dermatologist.

## g&h 身體護理系列是否適合敏感皮膚？

Are g&h products appropriate for sensitive skin?

**g&h 身體護理系列沒有在敏感皮膚上進行測試，因此敏感皮膚人士不建議使用。**

**g&h products were not tested on sensitive skin and should not be recommended for customers with sensitive skin.**

## 如果我（或顧客）在使用g&h 身體護理系列產品後出現任何皮膚反應，應如何處理？

If I (or a customer) experience any skin reaction after using a g&h product, what should I do?

如果您在使用g&h 身體護理系列產品後有任何不適感或異常反應，我們建議您停止使用一段時間（一至四星期）。

If you experience sensation or any unusual reaction from a g&h product, we recommend that you discontinue use for a significant period of time (one to four weeks).

## g&h產品應如何儲存？

How should g&h products be stored?

使用前，g&h產品應儲存於陰涼乾爽處，避免陽光直射。所有產品在正常環境條件下均能維持穩定的狀態。然而，過熱或過冷可能會導致產品不穩定，因此請避免存放於極端溫度下。

Prior to use, g&h products should be stored in a cool, dry place and out of direct sunlight. All the products have been developed to be stable under normal conditions. However, extreme heat or cold may cause instabilities and should be avoided.

## g&h產品的保存期多長？ 開封後可使用多久？

What is the shelf life of g&h products, and how long can I use them after opening?

**未開封的產品保存期限為三年。產品開封後，建議使用期限為12個月。**

The shelf life of any unopened g&h product is three years. Once a product is opened, its recommended use period is 12 months.

g&h



THANK YOU

